# Neutron star constraints from theory, experiment and observations

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- General Relativity Constraints on Neutron Star Structure
- The Neutron Star Radius and the Nuclear Symmetry Energy
- Nuclear Experimental Constraints on the Symmetry Energy
- Constraints from Pure Neutron Matter Theory
- Quark Matter in Neutron Stars
- Astrophysical Constraints on Masses and Radii

#### Neutron Star Structure

Tolman-Oppenheimer-Volkov equations



#### Neutron Star Structure

#### Newtonian Gravity:

$$\frac{dp}{dr} = -\frac{Gm\rho}{r^2}; \qquad \frac{dm}{dr} = 4\pi\rho r^2; \qquad \rho c^2 = \varepsilon$$

Newtonian Polytrope:



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#### The Radius – Pressure Correlation



#### Nuclear Symmetry Energy and Pressure

Defined as the difference between energies of pure neutron matter (x = 0) and symmetric (x = 1/2) nuclear matter.

$$S(\rho) = E(\rho, x = 0) - E(\rho, x = 1/2)$$
Expanding around the saturation density  
( $\rho_s$ ) and symmetric matter ( $x = 1/2$ )  

$$E(\rho, x) = E(\rho, 1/2) + (1-2x)^2 S_2(\rho) + \dots = 0$$

$$S_2(\rho) = S_v + \frac{L}{3} \frac{\rho - \rho_s}{\rho_s} + \dots$$

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$$S_v \simeq 31 \text{ MeV}, \quad L \simeq 50 \text{ MeV}$$
Connections to pure neutron matter:  

$$E(\rho_s, 0) \approx S_v + E(\rho_s, 1/2) \equiv S_v - B, \qquad p(\rho_s, 0) = L\rho_s/3$$
Neutron star matter (in beta equilibrium):  

$$\frac{\partial(E + E_e)}{\partial x} = 0, \quad p(\rho_s, x_\beta) \simeq \frac{L\rho_s}{3} \left[ 1 - \left(\frac{4S_v}{\hbar c}\right)^3 \frac{4 - 3S_v/L}{3\pi^2 \rho_s} \right]$$

#### Experimental and Neutron Matter Constraints

H&S: Chiral Lagrangian GC&R: Quantum Monte Carlo  $S_v - L$  constraints from Hebeler et al. (2012)



#### Extremes of Compaction of Neutron Stars

The most compact and massive configurations occur when the low-density equation of state is "soft" and the high-density equation of state is "stiff" (Koranda, Stergioulas & Friedman 1997).



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#### Extremal Properties of Neutron Stars

The maximum mass configuration is achieved when  $x_R = 0.2404$ ,  $w_c = 3.034$ ,  $y_c = 2.034$ ,  $z_R = 0.08513$ .

A useful reference density is the nuclear saturation density (interior density of normal nuclei):  $ho_s = 2.7 \times 10^{14} \ {\rm g \ cm^{-3}}, \ n_s = 0.16 \ {\rm baryons \ fm^{-3}}, \ \varepsilon_s = 150 \ {\rm MeV \ fm^{-3}}$ 

•  $M_{\rm max} = 4.1 \ (\varepsilon_s/\varepsilon_0)^{1/2} M_\odot$  (Rhoades & Ruffini 1974)

• 
$$M_{B,\max} = 5.41 \ (m_B c^2/\mu_o) (\varepsilon_s/\varepsilon_0)^{1/2} M_{\odot}$$

•  $R_{\rm min} = 2.82 \ GM/c^2 = 4.3 \ (M/M_{\odot}) \ {\rm km}$ 

• 
$$\mu_{b,\max} = 2.09 \text{ GeV}$$

► 
$$\varepsilon_{c,\max} = 3.034 \ \varepsilon_0 \simeq 51 \ (M_{\odot}/M_{\text{largest}})^2 \ \varepsilon_s$$

$$\blacktriangleright$$
  $p_{c,\mathrm{max}} = 2.034 \ arepsilon_0 \simeq 34 \ (M_\odot/M_\mathrm{largest})^2 \ arepsilon_s$ 

• 
$$n_{B,\max} \simeq 38 \ (M_\odot/M_{
m largest})^2 \ n_s$$

$$\blacktriangleright$$
 BE<sub>max</sub> = 0.34 *M*

► 
$$P_{\min} = 0.74 \ (M_{\odot}/M_{sph})^{1/2} (R_{sph}/10 \text{ km})^{3/2} \text{ ms} = 0.20 \ (M_{sph,\max}/M_{\odot}) \text{ ms}$$

#### Maximum Energy Density in Neutron Stars





#### What is the Maximum Mass?

- ▶ PSR J1614+2230 (Demorest et al. 2010)  $M = 1.97 \pm 0.04 M_{\odot}$ ; a nearly edge-on system with well-measured Shapiro time delay.
- ▶ PSRJ0548+0432 (Antoniadis et al. 2013) M = 2.01 ± 0.04 M<sub>☉</sub>; measured using optical data and theoretical properties of companion white dwarf.
- B1957+20 (van Kerkwijk 2010) M = 2.4 ± 0.3 M<sub>☉</sub>; black widow pulsar (BWP).
- ▶ PSR J1311-3430 (Romani et al. 2012)  $M = 2.55 \pm 0.50 M_{\odot}$ ; BWP.
- ► PSR J1544+4937 (Tang et al. 2014) M = 2.06 ± 0.56M<sub>☉</sub>; BWP.
- ▶ PSR 2FGL J1653.6-0159 (Romani et al. 2014)  $M > f(M_2) / \sin^3 i \gtrsim 1.96 M_{\odot}$ ; largest  $f(M_2)$ .
- ► PSR J1227-4859 (de Martino et al. 2014) M = 2.2 ± 0.8M<sub>☉</sub>; redback pulsar.

#### Black Widow Pulsar PSR B1957+20

1.6ms pulsar in circular 9.17h orbit with  $\sim 0.03~M_{\odot}$  companion. Pulsar is eclipsed for 50-60 minutes each orbit; eclipsing object has a volume much larger than the companion or its Roche lobe. It is believed the pulsar is ablating the companion leading to mass loss and an eclipsing plasma cloud. Companion nearly fills its Roche lobe. Ablation by pulsar leads to eventual disappearance of companion. The optical light curve does not represent the center of mass of the companion, but the motion of its irradiated hot spot.



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#### Black Widow Pulsar PSR B1957+20



#### Causality + GR Limits and the Maximum Mass

A lower limit to the maximum mass sets a lower limit to the radius for a given mass.

Similarly, a precise (M, R) measurement sets an upper limit to the maximum mass.

 $1.4 M_{\odot}$  stars must have  $R > 8.15 M_{\odot}.$ 

 $1.4M_{\odot}$  strange quark matter stars (and likely hybrid quark/hadron stars) must have R > 11 km.



#### Maximum Mass and Neutron Star Radii



It has been proposed that the effective sound speed limit is  $c/\sqrt{3}$  (Bedaque & Steiner 2015), in which case  $1.4M_{\odot}$  stars must have  $R_{1.4}>11$  km.

Hybrid quark/hadron stars are realistically at least 1-2 km larger (Alford et al. 2015).

What additional constraints are imposed by our knowledge of the low-density equation of state?

#### Chiral Lagrangian Neutron Matter Calculations

The study of Hebeler & Schwenk (2010) suggested moderate values 40 MeV < L < 60 MeV, consistent with but at the lower boundary of the range favored by nuclear experiments.

These results were in substantial agreement with the quantum Monte Carlo neutron matter calculations of Gandolfi, Carlson & Reddy (2012).

The chiral Lagrangian calculations have been refined and extended to matter with proton fractions up to and including symmetric matter (Drischler & Schwenk 2014).

The symmetry energy coefficients are found to be correlated with the saturation properties for a given parameter set.

There is a small quartic contribution to the symmetry energy.

#### Neutron Matter Comparisons



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Gandolfi, Carlson & Reddy fit their QMC neutron matter equations of state to the 4-parameter fit:

 $E_n(u) = au^\alpha + bu^\beta$ 

with  $u = n/n_s$  and  $n_s = 0.16$  fm<sup>-3</sup>.

This can also be done with the chiral Lagrangian neutron matter equations of state computed by Drischler, Hebeler & Schwenk.

#### Neutron Matter Extrapolations and M - R



#### Neutron Matter Extrapolations and $M_{max} - R_{1.4}$



### First Order Phase Transition in Neutron Stars

- Generic first order phase transiton with 3 parameters: Δε, ε<sub>t</sub> and P<sub>t</sub>.
- Make 2 dimensionless parameter combinations: Δε/ε<sub>t</sub> and P<sub>t</sub>/ε<sub>t</sub>.
- Critical condition for existence of stable hybrid core connected to normal branch (A, D):

 $\frac{\Delta \varepsilon}{\varepsilon_t} \leq \frac{1}{2} + \frac{3}{2} \frac{P_t}{\varepsilon_t}.$ 

- It is also possible to have a stable hybrid core disconnected from normal barnch (B, D).
- Parametrize high-density phase with a constant sound speed c<sup>2</sup><sub>QM</sub> = dp/dε ∼ 1/3.



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#### Sound Speed in Quark Matter



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#### Mass Constraint



#### Mass Constraint





 $M_{max} - R_{1.4}$ 



#### Mass-Radius Diagram and Theoretical Constraints



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### Simultaneous Mass/Radius Measurements

Measurements of flux F<sub>∞</sub> = (R<sub>∞</sub>/D)<sup>2</sup> σ T<sup>4</sup><sub>eff</sub> and color temperature T<sub>c</sub> ∝ λ<sup>-1</sup><sub>max</sub> yield an apparent angular size (pseudo-BB):



$$\frac{R_{\infty}}{D} = \frac{R}{D} \frac{1}{\sqrt{1 - 2GM/Rc^2}}$$

 Observational uncertainties include distance D, interstellar absorption N<sub>H</sub>, atmospheric composition



Best chances for accurate radius measurement:

- Nearby isolated neutron stars with parallax (uncertain atmosphere)
- Quiescent low-mass X-ray binaries (QLMXBs) in globular clusters (reliable distances, low B H-atmosperes)
- Bursting sources (XRBs) with peak fluxes close to Eddington limit (where gravity balances radiation pressure)

$$F_{
m Edd} = rac{cGM}{\kappa D^2} \sqrt{1 - 2GM/Rc^2}$$

#### M - R PRE Burst Estimates



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#### M - R PRE Burst Estimates



### M - R QLMXB Estimates



### M - R QLMXB Estimates



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## Özel et al. (2015)



Neglect of causality and TOV constraints underestimate radius. Steiner et al. analysis is vindicated.

#### Bayesian TOV Inversion

- $\varepsilon < 0.5\varepsilon_0$ : Known crustal EOS
- ► 0.5ε<sub>0</sub> < ε < ε<sub>1</sub>: EOS parametrized by K, K', S<sub>ν</sub>, γ
- Polytropic EOS: ε<sub>1</sub> < ε < ε<sub>2</sub>: n<sub>1</sub>;
   ε > ε<sub>2</sub>: n<sub>2</sub>

- EOS parameters K, K', S<sub>v</sub>, γ, ε<sub>1</sub>, n<sub>1</sub>, ε<sub>2</sub>, n<sub>2</sub> uniformly distributed
- $M_{
  m max} \ge 1.97 \ {
  m M}_{\odot}$ , causality enforced
- All 10 stars equally weighted



#### Astronomy vs. Astronomy vs. Physics

Ozel et al., XRB+QLMXB,  $M_{max} > 2M_{\odot}$ , crust,  $z_{ph} = z$ :  $R = 10.6 \pm 0.6$  km.

Suleimanov et al., long XRB:  $R_{1.4} \gtrsim 13.9$  km

Guillot et al. (2013), QLMXB, equal radii stars, self  $N_H$ :  $R = 9.1^{+1.3}_{-1.5}$  km.

Lattimer & Steiner (2013), XRB+QLMXB, TOV, crust, causality,  $M_{max} > 2M_{\odot}$ ,  $z_{\rm ph} \neq z$ , alt  $N_H$ .

Lattimer & Lim (2013), nuclear experiments: 29 MeV  $< S_v <$  33 MeV, 40 MeV < L < 65 MeV:  $R_{1.4} = 12.0 \pm 1.4$  km.



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#### Additional Proposed Radius and Mass Constraints

Pulse profiles

Hot or cold regions on rotating neutron stars alter pulse shapes: NICER and LOFT will enable timing and spectroscopy of thermal and non-thermal emissions. Light curve modeling  $\rightarrow M/R$ ; phase-resolved spectroscopy  $\rightarrow R$ .

- ► Moment of inertia Spin-orbit coupling of ultrarelativistic binary pulsars (e.g., PSR 0737+3039) vary *i* and contribute to *i*: *I* ∝ *MR*<sup>2</sup>.
- Supernova neutrinos Millions of neutrinos detected from a Galactic supernova will measure  $BE = m_B N - M_i < E_{\nu} >, \tau_{\nu}.$
- QPOs from accreting sources ISCO and crustal oscillations





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## Science Measurements

#### Reveal stellar structure through lightcurve modeling, long-term timing, and pulsation searches



**Lightcurve modeling** constrains the compactness (M/R) and viewing geometry of a non-accreting millisecond pulsar through the depth of modulation and harmonic content of emission from rotating hot-spots, thanks to gravitational light-bending...



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# Science Measurements (cont.)



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### Constraints from Observations of Gravitational Radiation



- Chirp mass and tidal deformability measurable during inspiral.
- Frequency peaks are tightly correlated with compactness.
- Mass determinations from prompt and delayed black hole formation.
- ► In neutron star-black hole mergers, disc mass depends on  $a/M_{BH}$  and on  $M_{NS}M_{BH}/R^2$ .

#### Conclusions

- Measured neutron star masses imply lower limits to radii of typical neutron stars.
- Symmetry energy determines typical neutron star radii.
- Nuclear experiments set reasonably tight constraints on symmetry energy parameters.
- Theoretical calculations of pure neutron matter predict very similar symmetry constraints.
- These constraints predict neutron star radii  $R_{1.4} = 12.0 \pm 1.4$  km.
- Combined astronomical observations of photospheric radius expansion X-ray bursts and quiescent sources in globular clusters suggest  $R_{1.4} \sim 12.1 \pm 0.6$  km.
- The properties of a high-density phase, such as quark matter, are tightly constrained by current mass measurements.
- ► A mass measurement above 2.4M<sub>☉</sub> may be incompatible with other constraints, assuming GR is correct.